

extras

Health-enhancing
Additions

Superfoods
\$1.00 each

Peruvian Maca Root: increases energy levels, natural hormone balancing agent, supports endocrine health, helps to reduce stress and elevate mood.

Cacao: high in magnesium, chromium, iron, and Vitamin C; has been proven to aid cardiovascular functioning and health.

Spirulina: high protein, nutrient-dense, ideal anti-aging food and immune booster.

Camu Camu: one of the most Vitamin C-rich fruits in the world; boosts immune system and promotes mental clarity.

Lucuma: "Gold of the Incas;" nutrient-dense Peruvian fruit with a maple-like taste.

Chia Powder: high in Omega-3s, antioxidants and fiber.

Goji Berry Powder: High in Vitamins A & C, protein, trace minerals and beta-carotene.

Proteins
\$2.00 each

Nutribiotic rice protein, whey protein (dairy), Nature's Plus Spirutein (soy), Plant Fusion, hemp protein, Juvo Superfoods protein

Boosters
50¢ each

Garlic, ginger, greens, coconut, nuts, granola, ginkgo, ginseng, echinacea, vitamin C, bee pollen, flax oil

Since 1996, our goal at Dean's Natural Food Market is to make you and your family feel better — *naturally*.

We will **only** make your drinks with the freshest organic fruits and vegetables because drinking freshly-made organic juices is a fast and delicious way to nourish your body without harmful ingredients.

Be well and enjoy.
Dean

HOURS

Mon.–Fri., 9 am–8 pm

Sat. 9 am–6 pm

(7 pm close at Ocean location)

Sun. 10 am–6 pm.

Juice Bar closes 30 minutes
prior to store closing.
Call ahead for fast pick-up.

**Follow us on Facebook &
Twitter for the most up-to-date
info on events, demos, sales
and more.**



juice bar menu

juices • smoothies • shakes
cleanse • detox
rejuvenate

DEAN'S



**NATURAL
FOOD**

market

1119 Route 35 | 490 Broad Street
Ocean, NJ 07712 | Shrewsbury, NJ 07702
732-517-1515 | 732-842-8686

deansnaturalfoodmarket.com

healing elixirs

12 oz.	16 oz.	24 oz.
\$6.49	\$7.99	\$10.99

Glorious Greens: spinach, celery, cucumber, kale, apple, lemon

Mega Greens: spinach, kale, celery, parsley, dandelion, ginger

In Between: spinach, kale, parsley, celery, apple, lemon

Green Goddess: cucumber, celery, parsley, spinach, romaine

Sweet Green: spinach, kale, apple

Lemon Cleanser: apple, lemon, ginger, cayenne optional

detoxifying tonics

12 oz.	16 oz.	24 oz.
\$4.99	\$6.49	\$8.99

Liquid Sunshine: orange, carrot, ginger

Happy Rabbit: carrot, apple, parsley, ginger

Liver Flush: beet, green apple, dandelion

Immunity: carrot, apple, beet, celery, lemon, ginger, garlic

alkalize

1 oz.	2 oz.
\$1.99	\$3.99

Fresh organic wheatgrass shots

Wheatgrass juice aids in purifying and alkalinizing the body. Preorders are available for half or full flats of sprouted wheatgrass.

Additions or substitutions outside of these may be purchased at retail with no additional charge for adding to your juice.

just juice

12 oz.	16 oz.	24 oz.
\$3.99	\$4.99	\$6.99

Carrot Craze: carrot, carrot & more carrot

Very Veggie: carrot, celery, beet, parsley

ABC: apple, beet, carrot

kids' circle

12 oz.
\$4.99

Jungle Enchantment: pineapple juice, almond milk, mango, spinach

Berries & Cream: blueberry, strawberry, raspberry, soy/rice/almond milk

Vitamin C Monster: orange juice, strawberry, banana, vitamin C crystals

Rocket Fuel: apple juice, banana, strawberry, kale

Chimpanzee: banana, peanut, cacao, soy/rice/almond milk, protein*

**Choose from soy, rice or whey-based protein powders.*

protein shakes

12 oz.	16 oz.	24 oz.
\$4.99	\$5.99	\$7.99

Go Nuts! banana, peanut, soy/rice/almond milk, protein*

Power Crunch: banana, hemp granola, soy/rice/almond milk, protein*

Berry Blast: mixed berries, banana, soy/rice/almond milk, protein*

**Choose from soy, rice or whey-based protein powders.*

smoothies

12 oz.	16 oz.	24 oz.
\$4.99	\$5.99	\$7.99

Berried up to Here: mixed berries, apple juice

Omega Mega: banana, strawberry, flax oil, apple juice

Tropical Breeze: banana, shredded coconut, pineapple juice, soy/rice/almond milk

Go Man-GO: banana, strawberry, mango, orange & apple juice

Spirulina Surge: banana, blueberry, spirulina, apple juice

specialty smoothies

12 oz.	16 oz.
\$4.99	\$5.99

High Vibe: banana, cacao, lucuma, Peruvian maca root, agave nectar, soy/rice/almond milk

Aloha Sunrise: pineapple juice, coconut, mango, ginger, agave nectar

Coco Kale: kale, banana, mint, shredded coconut, almond milk

Mango Bliss: banana, mango, spinach, celery, apple juice, coconut water

Protein Booster: banana, peanut, spirulina, flax oil, soy/rice/almond milk, protein*

Cacao Energizer: banana, cacao powder, Peruvian maca root, flax oil, soy/rice/almond milk, protein*

Bunny Buzz: carrots, strawberry, banana, flax oil, bee pollen

FOOD ALLERGY WARNING: All items on this menu are made in a facility that uses peanuts, tree nuts, dairy, wheat, egg, soy and fish. Our blenders process peanuts, tree nuts, soy, gluten, bee pollen and cacao.